

# COMMUNITY SERVICE AND VOLUNTEER OPPORTUNITIES FOR



## SARATOGA HIGH SCHOOL STUDENTS

### *SHS Mission Statement*

*"The mission of Saratoga High School is to optimize the learning of each student. As a community of learners committed to excellence, we promote lifelong learning, personal integrity, social responsibility, and good physical and mental health."*

**\*\*Please Note: You can pick up a Community Service Hours Log in the Guidance Office to keep track of your volunteer hours. This form is necessary to receive High School recognition at Graduation for a minimum of 100 qualified hours of service over your 4 years in High School.**

Updated March, 2012

# Service Organizations

## Animals

**2nd Chance 4 Pets:** 408-871-1133, [www.2ndchance4pets.org](http://www.2ndchance4pets.org) 1484 Pollard Rd, No. 444, Los Gatos, CA. 95032 Email: [info@2ndchance4pets.org](mailto:info@2ndchance4pets.org) Seeks to decrease the number of pets being euthanized by educating pet owners how to ensure lifetime care for their pets. Student volunteers work independently and in groups to gather research for our newsletter articles, work on creative projects such as flyers and postcards, and work locally at our events such as Bark in the Park.

**Furry Friends Pet Assisted Therapy Services:** 877-433-7287 [www.furryfriends.org](http://www.furryfriends.org) Furry Friends is a volunteer, non-profit organization, whose mission is to facilitate delivery of the love and affection of our volunteers and their pets. We enhance the lives and touch the hearts of people with special needs. We bring our pets to visit at various facilities in Santa Clara County, including hospitals, nursing homes, children's shelters, and juvenile hall. Volunteers must be comfortable working in the above settings and have well trained pets.

**Humane Society Silicon Valley:** Jamie Christianson, 408.727.3383 ext. 812 <http://www.hssv.org> Humane Society Silicon Valley is an independent, non-profit agency offering quality pet adoptions, affordable spay/ neuter services and education programs to enhance the human-animal bond. Established in 1929, HSSV has adopted more than 500,000 animals into permanent, loving homes. In HSSV's service learning program, students will learn about different animal welfare topics and work on exciting service projects that will directly help shelter animals.

**Pet Awareness and Welfare Society (PAWS):** 877-729-7475 [www.paws4sjacs.org](http://www.paws4sjacs.org) 2633 S. Bascom Ave. Campbell. Supports and works with the San Jose Animal Care and Services to reduce the number of homeless animals and to increase awareness of the value of companion pets in the home and community through, but not limited to, promotion of educational, medical, and behavioral assistance programs. Volunteers are needed to help with adoption fairs, as well as various projects and events throughout the year.

**San Jose Animal Care Center:** 578-7297 [www.sanjoseanimals.com](http://www.sanjoseanimals.com) 2750 Monterey Hwy San Jose. We are an animal shelter and animal control agency. Volunteers are needed to assist in our Veterinary Clinic and Spay/Neuter Clinic; give 'Lost Pet Tours' to people who have come looking for their lost pets; foster animals in their home; help at offsite adoption events; assist in taking pictures of the animals or writing stories about them; 'table' at a community event to encourage people to adopt our animals and inform them of our services; wash pet bowls and toys; Help staff clean the adoptable cat cages or rabbit cages; and help with all sorts of administrative jobs!

**Youth Science Institute:** 408-867-6940 [www.vsi-ca.org/Volunteering/Volunteer.html](http://www.vsi-ca.org/Volunteering/Volunteer.html) Vasona Park 333 Blossom Hill Road Los Gatos. The Youth Science Institute is a non-profit organization dedicated to providing and enriching the science education in schools and the community. We have volunteer positions for students interested in working with children as a teacher's aide, helping the curator with animal care, and maintaining trails.

## Art, Museums, and Media

**Children's Discovery Museum:** Contact Matt Zane, 298-5437 [MZane@cdm.org](mailto:MZane@cdm.org) [www.cdm.org](http://www.cdm.org) 180 Woz Way, San Jose, CA 95110 The Children's Discovery Museum of San Jose is a great opportunity for students to have fun with children, develop visitor interaction and communication skills, and be a part of a team that values caring and creativity. Potential volunteers should have completed their freshman year of high school.

**KTEH Channel 54, Public Television:** E-mail [volunteer@kteh.org](mailto:volunteer@kteh.org) or call 408-795-5403. [www.kteh.org](http://www.kteh.org) 1585 Schallenger Road San Jose, CA 95131-2434 Public Television in San Jose needs volunteers to answer phones and take pledges during on-air membership campaigns. Evening & weekend shifts available. No experience necessary. Full training and food provided!

**Museums of Los Gatos:** Leah Jakusovszky, Vol. Coord., 408.354.2646 or [Volunteer@MuseumsofLosGatos.org](mailto:Volunteer@MuseumsofLosGatos.org) Interested in Art? Art History? Local/California History? Would you like to gain real experience working in a Museum locally? Please consider signing up to volunteer at the Museums of Los Gatos. We have many immediate and ongoing needs such as:

stuffing envelopes, sticking labels, paint/ spackle, hanging up banners, typing, moving furniture, cleaning out rooms. For more information visit [www.MuseumsofLosGatos.org](http://www.MuseumsofLosGatos.org).

**Montalvo Arts Center:** Babette McKay, Mgr. of Volunteer Resources; 408.961.5828 or [volunteer@montalvoarts.org](mailto:volunteer@montalvoarts.org)  
Montalvo Arts Center engages people in contemporary concerns through the arts and captures the innovative and diverse spirit of Silicon Valley. It gathers global talent to incubate and produce compelling new work and to ignite learning through the arts. Montalvo expands the role of the arts, artists, and arts organizations as a resource and asset for culture and community. Volunteers give time as gallery and theatre hosts, history tour guides, gardening and office assistants, and more. Volunteers age 16 are welcome in most programs, 12-14 when accompanied by an adult, [www.montalvoarts.org](http://www.montalvoarts.org).

**San Jose Children's Musical Theater:** Phone 408-288-5437, ext. 316 [www.cmtsj.org](http://www.cmtsj.org) 1401 Parkmoor Ave # 100  
San Jose, CA 95126 SJCMT provides training for youth in performing arts and offers top-quality productions for the community. Volunteers are needed as office assistants and to help with the technical theater and web-based activities.

**Saratoga Historical Foundation:** Call 408-867-4311 and leave your name, phone number, and area of volunteer interest, or email: [info@saratogahistory.com](mailto:info@saratogahistory.com). 20450 Saratoga-Los Gatos Road, Saratoga, CA 95070-5935 [www.saratogahistory.com](http://www.saratogahistory.com) We are an organization of enthusiastic volunteers dedicated to preserving and educating the public in the unique history of our Saratoga area. We welcome anyone with similar interests to join us in any of our volunteer activities. Volunteer opportunities are designed to fit your interests and schedules or academic requirements. You can volunteer as a docent on the weekend, or design a project that will help the Museum and also meet your individual needs.

**The Tech Museum of Innovation:** Tony James, 408-294-8324 [www.thetech.org](http://www.thetech.org) 201 South Market St. San Jose, CA 95113. The Tech's mission is to engage people of all ages and backgrounds in exploring and experiencing the technologies that affect our lives and to inspire young people to become tomorrow's innovators. Volunteers are needed to serve as Exhibit Explainers, Information Assistants, Special Events Assistants, Bilingual Guides, and Office Assistants. In particular, there are some exciting volunteer positions related to the Leonardo Da Vinci exhibition that will be at The Tech (Parkside Hall) from September 27 through January 4, 2009.

## City Services

**City of Saratoga City Offices:** Contact (408) 868-1225 or [pcowles@saratoga.ca.us](mailto:pcowles@saratoga.ca.us) 13777 Fruitvale Avenue. All Volunteers must submit a volunteer application, go to <http://www.saratoga.ca.us/volunteers.html>

**City of Saratoga Recreation:** Contact (408) 868-1272 or [ahenig@saratoga.ca.us](mailto:ahenig@saratoga.ca.us) 19655 Allendale Avenue

**Los Gatos Public Library:** Monica Renn, 408-354-6824. [www.town.los-gatos.ca.us](http://www.town.los-gatos.ca.us) Student volunteers assist in the Children's Room setting up for programs and providing clerical help. Volunteers also shelve books, process library materials, and prepare books for checkout.

**Saratoga Public Library:** Contact Lisa Pirlot, Teen Librarian at 408.867.6126 ext. 3815 or [lisa.pirlot@library.sccgov.org](mailto:lisa.pirlot@library.sccgov.org) to find out about different volunteer opportunities. 13650 Saratoga Avenue <http://www-lib.co.santa-clara.ca.us/saratoga/>

**Town of Los Gatos:** Monica Renn, Phone 408-354-6824, [mrenn@losgatosca.gov](mailto:mrenn@losgatosca.gov) The Town of Los Gatos has openings for after school volunteers interested in working for at least three months performing clerical and staff support jobs in our many Town offices. Year long positions are available on the Parks, Community Services and Youth Commissions. Volunteers are also needed for special events. Please visit [www.losgatosca.gov/cu](http://www.losgatosca.gov/cu) for volunteer opportunities.

## Disability Services

**Children's Recovery Center** 3777 S. Bascom Avenue. Campbell, CA 95008 Contact Mary Lou @ (408) 558-3676 <http://www.pedisubacute.com/index.htm> Provides services for medically fragile and technology dependent children. Volunteers are needed to be cuddlers, spend time with the children and do odd jobs. (call between 7am-3:30pm)

**Santa Clara Valley Blind Center:** Contact Sarah Conner at 408-295-4016 Ext 204 or write to [volunteer@visionbeyondsight.org](mailto:volunteer@visionbeyondsight.org) 101 North Bascom Avenue San Jose, CA 95128 [www.visionbeyondsight.org/Volunteering.htm](http://www.visionbeyondsight.org/Volunteering.htm)

The center provides information and referrals, living skills programs, counseling and classes for visually impaired or blind adults in Santa Clara County. Volunteers assist individuals with their correspondence, with grocery and holiday shopping, and much more. Prior experience working with the blind is not necessary.

**Muscular Dystrophy Association:** 408-423-9345 4300 Stevens Creek Blvd. #117 San Jose, CA 95129 Email:[sanjose@mdausa.org](mailto:sanjose@mdausa.org) MDA is a voluntary national health agency and a dedicated partnership between scientists and concerned citizens aimed at conquering Neuromuscular diseases that affect more than a million Americans. Volunteers are needed to help with anything from office work to fundraising events.

**Special Olympics - Silicon Valley Division:** Lacey, 408-392-0170 x.204 1445 Koll Circle, Suite 104 San Jose, CA, 95112 [www.sonc.org/getinvolved/involved\\_volunteer.html](http://www.sonc.org/getinvolved/involved_volunteer.html) Special Olympics provides FREE year-round sports training and competition in a variety of Olympic-type sports for people eight years of age and older with developmental disabilities. Our programs give our athletes continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in the sharing of gifts, skill, and friendship with their families, other athletes and the community. Special Olympics is always looking for volunteers to help coach our athletes in Santa Clara County and to help with the Spring Track & Field event.

## **Environment**

**Deer Hollow Farm:** Rancho San Antonio Open Space Preserve Los Altos, CA 94024. Contact Bridget Brown (650) 903-6430 [dhfarms@ci.mtnview.ca.us](mailto:dhfarms@ci.mtnview.ca.us) Volunteers will assist staff and volunteers in the orchard, an acre of fruit trees. Duties will include pruning trees, thinning fruit trees, watering, weeding, and non-commercial fertilizing.

**Guadalupe River Park and Gardens:** Lucy Perez, 408-298-7657, [www.grpg.org](http://www.grpg.org) The Friends of Guadalupe River Park & Gardens recruit, train and support volunteers to work in many capacities including outdoor projects, river cleanups, and gardening tasks. Through the involvement, volunteers can learn new gardening techniques, develop public speaking skills, or "connect" with other people by working with them on a community service project.

**Hidden Village Farm & Preserve:** 26870 Moody Road Los Altos Hills, CA 94022 contact Sarah @ (650)-949-8655 [www.hiddenvilla.org/Assets/welcome.htm](http://www.hiddenvilla.org/Assets/welcome.htm) Volunteers are needed to help with trail maintenance, organic gardening, clerical duties, taking care of animals, taking care of the farm, stream bank restoration, and helping out docents with special events.

**Our City Forest:** Amanda Grebner, 408-998-7337 ext.123, [www.ourcityforest.org](http://www.ourcityforest.org) This non-profit organization based in San Jose that provides FREE large canopy trees to local residents. Since 1994, OCF has provided over 40,000 trees to area residents for placement in their parking strips. Our volunteers assist in tree planting projects throughout the city at schools, parks and private residences. In addition, our organization offers free in-class presentations for K-college age students, free tree tours downtown and a multitude of training programs in topics ranging from proper pruning to young tree care.

**Santa Clara County Parks Department:** Heidi McFarland, 408-355-2254, [heidi.mcfarland@prk.sccgov.org](mailto:heidi.mcfarland@prk.sccgov.org) Children, teenagers, adults and our elderly continue to be a driving force behind the SCC Parks Volunteer Program. You can participate in a wide variety of opportunities such as teaching children how to fish and helping to maintain our park trails. By giving a little of your time, energy and skills, YOU can make a difference in our community! We offer many fun-filled activities and provide many different places for people to recreate outside.

## **Food and Meal Programs**

**Live Oak Senior Nutrition & Service Center:** Deborah Kranefuss, 354-0707 (See Senior Services)

**Loaves and Fishes Family Kitchen:** 408-934-4990 [www.loavesfishes.org/volunteer.html](http://www.loavesfishes.org/volunteer.html) 389 East Santa Clara Street San Jose, CA 95113 Provides no-cost hot meals five days a week at two locations to those in need. Volunteers are needed to help prepare meals, serve food and drinks, and clean up after meals.

**Louise's Pantry Volunteers** contact Jim or Rebecca at (408) 278-2171 [www.shcstheheart.org/services/food.html](http://www.shcstheheart.org/services/food.html) 1381 South First St. San Jose, CA 95110 Volunteers will sort, pack and distribute food, help make sandwiches, bag rice & beans, and sort produce.

**Martha's Kitchen 311 Willow Street San Jose, CA 95110 (408) 293-6111 [www.marthas-kitchen.org](http://www.marthas-kitchen.org)** This important soup kitchen, which has been feeding the hungry of San Jose since 1981 is 90% volunteer operated. Our dedicated volunteers collect donated food, prepare it and serve hot meals.

**Second Harvest Food Bank:** 408-266-8866 750 Curtner Avenue, San Jose CA. 95125 [www.secondharvestsjca.org](http://www.secondharvestsjca.org) (or) [http://www.2ndharvest.net/a\\_help/vol\\_01.html](http://www.2ndharvest.net/a_help/vol_01.html) Second Harvest Food Bank of Santa Clara and San Mateo Counties is a private nonprofit organization that collects and distributes more than 27 million pounds of food each year to low income children, adults and seniors. The Food Bank currently serves an average of 165,000 individuals each month; nearly 60% are families with children. Volunteers are needed to help with food sorting and bagging.

**West Valley Community Services:** Contact Cynthia Cheung at 408-255-8033 ext. 303 or e-mail [volunteer@wvcommunityservices.org](mailto:volunteer@wvcommunityservices.org) [www.wvcommunityservices.org](http://www.wvcommunityservices.org) Community based private non-profit agency that operates a Food Pantry.

## **Health & Hospitals**

**Almaden Care and Rehabilitation Center:** 2065 Los Gatos Almaden Road, San Jose, CA 95124 Contact: Teresa or Yvette (408) 377-9275: Help out in activities such as card games, Yahtzee, provide manicures to our female patients, reading and reviewing current events or just spending some time one on one with some residents who enjoy having someone to talk to. There is also a project to manage: the renovation of the courtyard for the residents and creation of a website.

**Alzheimer's Association:** Northern California and Northern Nevada Chapter: 1060 La Avenida, Mountain View, CA 94043 Phone 650.962.8111 Contact Tessie Calligeros [tessie.calligeros@alz.org](mailto:tessie.calligeros@alz.org) [www.alz.org/norcal/in\\_my\\_community\\_10781.asp](http://www.alz.org/norcal/in_my_community_10781.asp) The Alzheimer's Association provides information about research, treatments and cures for Alzheimer's disease. Volunteers are needed for various administrative duties and also to help plan and participate in the annual the Memory Walk, that is held each Fall on Treasure Island.

**American Cancer Society-Santa Clara county:** Maria Aviles 408-871-1062 (option 3) ext. 115 [www.cancer.org/docroot/com/com\\_0.asp](http://www.cancer.org/docroot/com/com_0.asp) 747 Camden Ave. Suite B, Campbell, CA 95008 American Cancer Society provides education and services to cancer patients and their families. Volunteers are needed to help with a variety of services to the patients.

**American Cancer Society Discovery Shop** – Contact Theresa 408-354-5917 [Theresa.GarciaRadzinsky@cancer.org](mailto:Theresa.GarciaRadzinsky@cancer.org) 39 E Main Street, Los Gatos. Volunteers are needed to work in our quality resale store sorting, pricing, organizing and helping customers. Proceeds from the shop raise funds for the American Cancer Society services.

**American Diabetes Association:** 408-241-1922 x7469, [www.diabetes.org/stepout](http://www.diabetes.org/stepout) 4040 Moorpark Avenue, Suite 105, San Jose, CA, 95117 The American Diabetes Association is the nation's leading nonprofit health organization providing diabetes research, information, and advocacy. We need volunteers for the San Jose Walk for Diabetes. The walk is called Step Out to Fight Diabetes. Visit us at <http://diabetes.org> or call 1-800-DIABETES.

**American Heart Association:** Miki Masuda, 907-6365, [miki.masuda@heart.org](mailto:miki.masuda@heart.org) One Almaden Blvd., Ste. 500 San Jose, CA 95113 408-977-4950 Our mission is to build healthier lives, free of cardiovascular diseases and stroke. Some volunteer needs include Office/Clerical, representing the AHA at health fairs or assisting with various annual events.

**Breathe California of the Bay Area:** Leslie Tong, 408-998-5865, [www.lungsrus.org](http://www.lungsrus.org) 1469 Park Ave. San Jose, CA 95126 Email: [info@lungsrus.org](mailto:info@lungsrus.org) • Web Site: [www.lungsrus.org](http://www.lungsrus.org) Breathe California (Formerly known as American Lung Association) raises awareness about lung disease and lung health. We need volunteers to assist our staff with programs such as tobacco prevention and asthma management, as well as clerical work.

**Good Samaritan Hospital San Jose :** Volunteers are needed to help at the information desk and be patient escorts. Volunteers also assist with clerical duties, the gift shop, patient services, flower arranging and delivery, and visiting patients. Applications for the Student Volunteer Program will be available beginning October 1, 2009. Go to [www.goodsamsanjose.com](http://www.goodsamsanjose.com) or to the hospital volunteer office for an application packet. Applications must be postmarked or handed in by **October 15<sup>th</sup>** to Kate McNally, Supervisor, Volunteer Services, Good Samaritan Hospital, 2425 Samaritan Drive, San Jose, CA 95124-3997

**Health Trust:** 408-559-9385 2105 S Bascom Avenue Suite 220 • Campbell CA 95008 The Health Trust has many opportunities for volunteers to help improve the health of Santa Clara County residents, including help with special events and ongoing program opportunities with Meals on Wheels, the Living Center, the Food Basket, the Plane Tree Library, and Community Mapping. Check out the website at [www.thehealthtrustonline.org/volunteer/opportunities](http://www.thehealthtrustonline.org/volunteer/opportunities) for more information.

**Leukemia and Lymphoma Society:** (408) 271-2873 [www.leukemia-lymphoma.org](http://www.leukemia-lymphoma.org) 675 N. First Street, Suite 1100 San Jose, CA 95112 The Leukemia and Lymphoma Society's mission is to cure leukemia, lymphoma, Hodgkin's disease, and myeloma, and to improve the quality of life of patients and their families. Volunteers are needed to help with office work, including marketing, mass mailing, and other customer service type roles. Also, through a program called Team in Training, students can train for a major sporting event like a marathon or cycle race in exchange for raising money for the Society. In another program called Pennies for Patients, schools compete to collect coins for cancer research.

**Los Gatos Community Hospital of Los Gatos Auxiliary:** Contact the Auxiliary Membership Chairman's office at: 408-378-6131 X4233 <http://www.communityhospitallg.com> 815 Pollard Road Los Gatos, CA 95030. Volunteers are an integral part of our team. As a volunteer you can provide the extra touches and services that help our patients, their families and our hospital staff. These services are provided in a variety of areas and volunteers are encouraged to choose from the following areas of interest: Information Desk, Gift Shop, Obstetrics, Nursing Units, Outpatient Surgery, Emergency Department, Physical Therapy, Rehabilitation Center, Messenger, Special Projects. Day, evening and weekend shifts are available. For further information, In return for your commitment of a **minimum of two shifts per month and 3-4 hours a week**, you will receive training, support, complimentary meals along with the satisfaction of knowing you are making a difference.

**March of Dimes:** 408-260-7629 (408) 260-7629 1101 S Winchester Blvd, Suite E-155 San Jose, CA, 95128 March of Dimes is an organization that helps prevent birth defects through community education, public affairs, local grants, and support of medical research. Volunteers are needed to help with fundraisers, special events (such as the annual walk-a-thon), and clerical work. Volunteer opportunities specifically for youth can be found at <http://www.marchofdimesyouth.com>

**Project Linus:** Contact Dolores Wright, 408-723-8097, [sjlinus@sbcglobal.net](mailto:sjlinus@sbcglobal.net) [www.SJLinus.org](http://www.SJLinus.org) Our mission is to provide love, a sense of security, warmth and comfort to children who are seriously ill, traumatized, or otherwise in need through the gifts of NEW HOMEMADE WASHABLE blankets and quilts, either knitted, crocheted, quilted or fleece, lovingly created by volunteer blanketeers.

**Services for Brain Injury** 2731 N. First Street Suite 100 San Jose, CA 95134 contact Karen at (408) 434-2277 x101 <http://www.sbicares.org/> Volunteers assist brain injured people to reach their highest level of independent living through accessible, affordable services, and to provide support for their caregivers. They can also choose to work on projects such as computer work, website construction etc. Students must be willing to show some initiative and find ways to help when not directly assigned things to do.

## **Housing & Shelters**

**City Team Ministries:** 408-232-5600 2304 Zanker Road San Jose, CA 95131 [sanjose@cityteam.org](mailto:sanjose@cityteam.org) <http://cityteam.org/sanjose> City Team is a non-profit organization that offers help to people in need. They operate a Rescue Mission, a recovery program, a camp, a family outreach program, and an individual outreach program. There are many volunteer opportunities available to work for the benefit of the homeless, the poor, and the disadvantaged. Much help is needed in sorting and organizing donated furniture and clothing.

**EHC LifeBuilders:** 408-539-2100 EHC LifeBuilders is the largest provider of shelter, housing opportunities, and supportive services to people in crisis and those experiencing homelessness in Santa Clara County. Volunteers 16 and older are needed

to tutor a child, serve a meal, work on a special project, or other volunteer opportunities. 13-15 year-olds must be accompanied by a responsible adult. More info at [www.ehclifebuilders.org](http://www.ehclifebuilders.org).

**Family Living Center** Judy Benner 748-8623 <http://www.homelessness.org/sobrato.html> P.O. Box 4555, Santa Clara, CA 95056 Opportunities for students include tutoring a child, filling in at the reception desk, organizing the kitchen stockroom, providing office assistance, and participating in special events. Group opportunities include preparing and serving a meal, conducting a donation/fundraising drive, participating in special events, and refreshing current facilities with paint, cleaning, landscaping, etc.

**Inn Vision:** Contact Jaynie Neveras [Community Relations Coordinator](mailto:JNeveras@InnVision.org) at 408-292-4286 [JNeveras@InnVision.org](mailto:JNeveras@InnVision.org) Inn Vision offers various levels of housing and day programs for homeless families and individuals in a safe and supportive environment that promotes self-worth and independent living. Volunteers are needed in the areas of food service, maintenance, tutoring, computer labs and more. <http://www.innvision.org/how2help/d2-4.php>

**Rebuilding Together Silicon Valley:** Tim Lynds, 408-578-9519 or [tlvnds@rebuildingtogether-sv.org](mailto:tlvnds@rebuildingtogether-sv.org) [rebuildingtogether-sv.org](http://rebuildingtogether-sv.org). Rebuilding Together brings joins communities and volunteers to rehabilitate the homes of low-income homeowners, particularly the elderly and disabled, so that they may live in warmth, safety, and independence. We are looking for volunteers of all skill levels to help paint, clean up, and rebuild homes in October and April and to help year round with office and warehouse projects like organizing tools and supplies, filing, database entry, mailings, etc.

**San Jose Family Shelter:** Susan Webster, 408-926-8885 x.106, [volunteer@familysupportivehousing.org](mailto:volunteer@familysupportivehousing.org) 1590 Las Plumas Avenue, San Jose, CA 95133-1667 [www.familysupportivehousing.org/volunteer.htm](http://www.familysupportivehousing.org/volunteer.htm) This is the only shelter in Santa Clara County that houses intact families. We provide vital services to the hundreds of families who seek help each year. Volunteers make a big difference helping with meals, day care, the clothes closet, and the homework program.

**West Valley Community Services:** Contact Cynthia Cheung at 408-255-8033 ext. 303 or e-mail [volunteer@wvcommunityservices.org](mailto:volunteer@wvcommunityservices.org) [www.wvcommunityservices.org](http://www.wvcommunityservices.org) Community based private non-profit agency that provides a continuum of basic needs, family support services, housing resources and case management to low-income or homeless clients..

## **Human Services**

**American Red Cross Santa Clara Valley Chapter:** 408-577-1000 2731 North First St., San Jose, CA 95134-2029 <http://www.scv-redcross.org> The American Red Cross is a humanitarian organization, led by volunteers, that provides relief to victims of disasters and helps people prevent, prepare for and respond to emergencies. Over 500 youth volunteers from around the county take part in service projects and classes for young children to advance the above mission of the Red Cross and the Fundamental Principles of the International Federation of Red Cross Societies.

**Bill Wilson Center:** Volunteer Manager, 408-850-6138, [www.billwilsoncenter.org](http://www.billwilsoncenter.org) Bill Wilson Center has been providing services to youth and their families for over 30 years. Bill Wilson Center has a variety of volunteer opportunities including the opportunity to help promote the 24/7 Line, a health, relationship, crisis, and information referral line for teens.

**Books Aloud:** Marsha, Outreach Coordinator, 408-808-2690 [info@booksaloud.org](mailto:info@booksaloud.org) Dr. Martin Luther King, Jr. Library (Lower Level) 150 E. San Fernando Street, San Jose, CA 95112 [www.booksaloud.org](http://www.booksaloud.org) Books Aloud is an independent nonprofit organization, located in downtown San Jose that provides free audio book library services for people of all ages who are not able to read printed books on their own, due to a physical, visual, or learning disability. Our diverse group of about 100 volunteers fill a variety of very important needs and come various days and times during office hours -- Monday through Friday, 9 a.m. - 5 p.m. Minors must have written parental permission to volunteer, and everyone must first attend a mandatory 90-minute orientation. Orientations are held the second Saturday of each month at 10 a.m.

**Catholic Charities of Santa Clara County:** (408) 468-0100 2625 Zanker Rd, San Jose, CA [www.catholiccharitiesscc.org](http://www.catholiccharitiesscc.org) Catholic Charities has 31 programs that support the at-risk population in Santa Clara County. We assist the elderly; work with abused, neglected, and at-risk youth; help the mentally ill, substance abusers, and developmentally disabled to recover their lives; aid the homeless; welcome the stranger to our shores; and provide nutritious meals to the hungry. Please visit the website under Volunteer Opportunities to find the specific contact information for each area.

**Child Quest International:** Anthony Gonzales, 408-287-4673, [www.childquest.org](http://www.childquest.org) 1060 N. 4th St. Ste 200, San Jose, CA 95112 Child Quest is a non-profit organization devoted to the prevention, protection and recovery of missing, exploited and runaway children, and the generosity of our donors and volunteers allows us to continue to provide our services free of charge to victims and their families. We rely on volunteers in many ways, from assisting us in the office to working with our community. Please consider, that because of the sensitive nature of the services we provide, we collect fingerprints and conduct a criminal background check *–no fee to applicants–* of all Child Quest volunteer and staff.

**City Year San José/Silicon Valley:** Jake Drollinger, 408-907.6523 or 408-429.4731; [jdrollinger08@cityyear.org](mailto:jdrollinger08@cityyear.org) 142 W. Santa Clara Street, San Jose, CA, 95113 City Heroes is a program for High Schoolers all across Santa Clara County. This program will give you the tools to learn about issues in our community and then give you the opportunity to do something about it! For more information visit [www.cityyear.org](http://www.cityyear.org). Volunteers are also needed for special events throughout the year.

**Friends Outside:** Karina Lopez, 408-295-6033 x223; Rita Defilippis, [ritadefil@yahoo.com](mailto:ritadefil@yahoo.com) 551 Stockton Avenue, San Jose, CA. Friends Outside's youth department provides an after-school, summer day camp, and summer school for children who have a family member incarcerated. We are always looking for energetic and positive-minded volunteers to provide homework assistance, participate in after-school activities, or develop fund-raising events, toy drives, and food drives for our children. [www.friendsoutside.org](http://www.friendsoutside.org)

**Happy Dragon Thrift Shop:** 408-354-4072 245 W Main St Los Gatos, CA 95030 The purpose of the Happy Dragon Thrift Shop is to provide financial assistance to EMQ (Eastfield Ming Quong) Children and Family Services. It helps children recover from issues such as severe depression, thoughts of suicide, and drug abuse and works towards keeping families together.

**HOPE Services:** For more information, please contact Lorrie Toohey at [ltoohey@hopeservices.org](mailto:ltoohey@hopeservices.org) or call (408)284-2868. 30 Las Colinas Lane San Jose, CA 95119 <http://www.hopeservices.org/foundation/volunteer.htm> Provides a range of employment and job training programs, developmental activities, professional counseling, infant services, senior services, supported and independent living services, and mobility training for approximately 2,500 children, adults and seniors.

**Sacred Heart Community Service:** 408-278-2171, [www.sacredheartcommunityservice.org](http://www.sacredheartcommunityservice.org) 1381 South First St., San Jose, CA 95110 Sacred Heart Community Service is a non-denominational organization based in San Jose with a vision of a community united to ensure that every child and adult is free from poverty. Its mission is to change lives and impact poverty by providing essential services, offering tools for self-sufficiency, and ministering with dignity, compassion and respect. Volunteers must go through training and shift times are three hours and must be approved ahead of time.

## **Senior Services**

**Los Gatos Live Oak Adult Day Services:** Mary Kelley, Program Director, 408-354-4782 [LGLiveOak@hotmail.com](mailto:LGLiveOak@hotmail.com) United Methodist Church 111 Church St, Los Gatos . We are a non-profit community based organization who service the less independent senior. We offer a specialized program of recreation and socialization opportunities for seniors who are over the age of 60. We offer a friendly and safe environment with structured activities such as music, exercise, dancing and games.

**Live Oak Senior Nutrition & Service Center:** Contact Eliana Brown 408-354-0707 [eliana.brown@lgumc.org](mailto:eliana.brown@lgumc.org) United Methodist Church 111 Church St, Los Gatos The Lunch Spot at Live Oak Senior Nutrition and Service Center needs student volunteers to help serve beverages in the dining room and chat with seniors. Also needed are students to develop a 20-minute entertainment program to be done before the noon meal or special independent projects to be determined.

**Los Gatos Meadows:** Volunteer Coordinator, 408-354-0243 [www.jtm-esc.org](http://www.jtm-esc.org) 110 Wood Road. Los Gatos Meadows is a Life Care Retirement Community offering independent living with a comprehensive array of services, including medical care and on-site nursing services. Volunteers are needed to help with programs, activities, and visiting residents.

**Los Gatos Seniors Program:** Linda Gallo, (408) 354-1514 [lgallo@losgatosca.gov](mailto:lgallo@losgatosca.gov) Los Gatos Seniors Program promotes different classes and workshops, and also conducts a Wednesday program when individuals come to play table games, hear lectures on relevant topics, and enjoy entertainment. Volunteers are needed to help with office work, scrapbooks, interviews, a monthly newsletter, and computer work.



**Our Lady of Fatima Villa:** 408-741-2950 [www.fatimavilla.org](http://www.fatimavilla.org) 20400 Saratoga-Los Gatos Rd. Saratoga CA 95070 Our Lady of Fatima Villa is an assisted living and skilled nursing community designed to nurture the soul of today's senior. It cares for the whole person and is nestled in a park like setting in the city of Saratoga, convenient for family members and friends, providing a tranquil living space. Volunteers are needed for 1 ½ hour shifts to call Bingo for residents.

**Saratoga Senior Center:** Barbara Sherrard (408)-868-1253 19655 Allendale Avenue Saratoga Ca 95070 <http://www.sascc.org/volunteer.shtml> Volunteers are needed during the day before 4:00 pm. Volunteers can help out with entertainment, special events, mailings, weekend activities, typing, and filing.

**The Terraces of Los Gatos:** Activity Director, 408-356-1006 800 Blossom Hill Road, Los Gatos, CA 95032 [www.theterracesoflosgatos.com](http://www.theterracesoflosgatos.com) The Terraces of Los Gatos provides retirement housing for seniors. Volunteers, who must first attend an Orientation, are needed to work in the Assisted Living and Health Centers and the business office with activities and clerical duties.

## Special Events

**Christmas in the Park:** In October and November volunteers are needed to paint and clean displays at their workshop at 1300 Senter Road, San Jose. On November 21, 2009 volunteers will decorate displays in Plaza de Cesar Chaves Park in downtown San Jose. Space is limited and reservations are required to volunteer. Call 408-995-NOEL, mailbox #10. [www.christmasinthepark.com](http://www.christmasinthepark.com)

**Holiday Carriage Rides in Los Gatos:** Ronee Nassi, 408-395-5951 or 408-354-9300 Carriage Rides, an annual holiday tradition, will begin late November through December. The time is usually 4:30 – 10 PM (Sundays 3-9), rain or shine. Students assist the site coordinator in set-up and closing. They also help the riders by showing them to their carriages, helping them get on and get off, hand out candy canes and spread good cheer. <http://www.losgatoschamber.com>

**KTEH Channel 54, Public Television:** Lyn Johnson, 408-795-5403; [volunteer@kteh.org](mailto:volunteer@kteh.org); [www.kteh.org](http://www.kteh.org) 1585 Schallenberger Road, San Jose, CA 95131-2434 KTEH TV invites students, knowledgeable and enthusiastic about the programs on PBS Channel 54, to work with the staff to renew and add new members during our Membership Drives.

**Los Gatos-Saratoga Department of Education and Recreation:** 408-354-8700 [www.lgsrecreation.org](http://www.lgsrecreation.org) Volunteers are needed to help with special events during the year, such as the annual Breakfast with Santa in December and the Bunny Fun Hunt in the spring. Volunteer Applications are available on their website.

**March of Dimes South Bay Area:** 408-260-7629, 1101 S Winchester Blvd, Suite E-155, San Jose, CA, 95128 [www.marchofdimes.com/california](http://www.marchofdimes.com/california) March of Dimes is an organization that helps prevent birth defects through community education, public affairs, local grants, and support of medical research. Volunteers are needed to help with fundraisers, special events (such as the annual walk-a-thon), and clerical work.

**Walk for Diabetes:** 241-1922, x7469, [www.diabetes.org/walk](http://www.diabetes.org/walk) We need day of event volunteers for the San Jose Walk for Diabetes. Participants register and recruit friends or co-workers to walk and raise money to support diabetes research, information and advocacy. The day of the event is a party to celebrate the participants fund raising accomplishments, as well as an opportunity to promote awareness about the prevention and cure of diabetes, and the work of the American Diabetes Association. Visit us at <http://diabetes.org> or call 1-800-DIABETES (800-342-2383)

## Tutoring and Education

**BioSITE ACE:** 408-298-5437 BioSITE (Students Investigating Their Environment) provides innovative, field-based science experiences to elementary students in San Jose Unified School District. Volunteers are needed to lead 4th and 5th grade students in fun, hands-on river investigating activities. You will receive special training to prepare you to teach simple science lessons and to work with younger children during this after school program. More info at [www.cdm.org/biosite](http://www.cdm.org/biosite).

**EHC Lifebuilders** (see Housing and Shelters)

**Foothill Elementary School** 408-867-4036 13919 Lynde Ave., Saratoga Opportunities for student volunteers include lunch duty.

**Learning for Life:** Adam Fee, 408280-5088, 970 W. Julian St. San Jose, CA 95126 [www.learningforlife.com](http://www.learningforlife.com) Exploring and venturing are a great way to get involved in the community while learning about a career, climbing a mountain, and giving back to the community. Come learn about the different Posts and Crews that you can join. We will be featuring our Los Gatos Police Department Explorers, who learn to be police officers while volunteering in the community.

**Los Gatos-Saratoga Dept. of Education & Recreation:** Please contact [Christi Neal](mailto:Christi.Neal@lgsrecreation.org) at 408-354-8700x224 or [Christi@lgsrecreation.org](http://www.lgsrecreation.org) for volunteer opportunities for Special Events offered by LGS Recreation throughout the year. [www.lgsrecreation.org](http://www.lgsrecreation.org) For people of all ages, the Recreation Department offers a variety of educational and recreational programs. After school day care and summer camp programs are available. Volunteers are needed to help with special events, such as the Los Gatos Christmas Parade and “Breakfast with Santa” in December and the Bunny Fun Hunt in April.

**Sacred Heart Community Service** (see Food and Meal Programs)

**San Jose Family Shelter:** 408- 926-8885 x106, 1590 Las Plumas Avenue, San Jose, CA 95133-1667 [www.sjfamilyshelter.org](http://www.sjfamilyshelter.org) The San Jose Family Shelter is the only shelter in Santa Clara County that houses intact families. We rely on the generosity of the community to provide vital services to the hundreds of families who seek help each year. Individual volunteers make a big difference helping with meals, day care, the clothes closet, and the homework program.

### **Youth and Childcare:**

**A Place for Teens (The Venue):** Mike Loya, 408-395-5553; Susan Kahng, 408-250-0405 Located behind LGHS, “The Venue” is a nonprofit organization run by teens and adults. The center offers social, educational, and recreational activities for junior high and high school students from the West Valley area. Volunteers are needed to serve on the Board, help plan activities, and work at the center.

**City of Saratoga Youth Commission:** Contact Adam Henig, Recreation Supervisor 408-868-1272 <http://www.saratoga.ca.us/boards-commissions/youth/index.html> The Youth Commission is comprised of middle and high school students appointed by the City Council in two-year terms. Youth Commissioners serve as a liaison between the teen community and the City Council. Meetings are held monthly on the second Tuesday, 7:00 p.m. at City Hall 13777 Fruitvale Avenue, Saratoga

**Girls For A Change:** To volunteer contact the Silicon Valley Program Director at 408-529-9046 or [coachsv@girlsforachange.org](mailto:coachsv@girlsforachange.org) [http://girlsforachange.typepad.com/national/2007/04/volunteer\\_in\\_si.html](http://girlsforachange.typepad.com/national/2007/04/volunteer_in_si.html) This organization is seeking girls in grades 6-12 to become leaders, create community change, make a difference in the world, and be in charge. Participants engage in a year-long community service project, in which they lead, plan, and develop a project for their neighborhood.

**Girl Scouts of America:** Melanie Cervi; 408-358-6568; [melaniecervi@verizon.net](mailto:melaniecervi@verizon.net) “You’re thinking cookies, I’m thinking CEO.” Girl Scouts of America trains girls to be leaders and builds their skills in a number of areas. [www.girlscoutsnorcal.org](http://www.girlscoutsnorcal.org)

**InnVision’s Georgia Travis Center:** Contact **Jaynie Neveras** Community Relations Coordinator 408-292-4286 [JNeveras@InnVision.org](mailto:JNeveras@InnVision.org) 297 Commercial Street, San Jose The Georgia Travis Center provides information, referrals, support services, and workshops to homeless women with and without children. Volunteers are needed as child care aides and computer instructors.

**March of Dimes Chain Reaction Leadership Council:** Noel Duan, 408-476.3554 or [noel.duan@gmail.com](mailto:noel.duan@gmail.com) [www.marchofdimes.com/aboutus/864\\_1556.asp](http://www.marchofdimes.com/aboutus/864_1556.asp) The South Bay March of Dimes Chain Reaction Leadership Council is a group of bay area high-school students who display strong leadership skills, commitment to community service, and interest in the mission of the March of Dimes. The mission of the March of Dimes is to improve the health of babies by preventing birth defects, premature birth and infant mortality.

**Only Kindness Care Services:** Jennifer LaForce, 408-353-2872 [jenniferlaforce@earthlink.com](mailto:jenniferlaforce@earthlink.com) [www.onlykindness.com](http://www.onlykindness.com)

Only Kindness Care Services seeks to optimize family health by decreasing stress levels and the burden of 24-hour care-giving through the provision of unique and inclusive care services at flexible hours in a resource-rich family care home. We welcome both typically developing children and children with special needs. We encourage high school volunteers to spend time in our care home with children ranging in age from 18 months to 10 years old and ranging ability so that they may consider the early care and education profession and have a fun time while doing it!

**Santa Clara County Youth Task Force:** Raji Bains, Office of Human Relations, 408-792-2315

[www.sccyouthtaskforce.com](http://www.sccyouthtaskforce.com) The Santa Clara County Youth Task Force (YTF) serves as an advisory body to the County Board of Supervisors and the Human Relations Commission. We address the issues that teens face on a regular basis and strive to find solutions and policies that improve the lives of teens. By promoting advocacy and engaging youth in local government we build leadership and empower youth with the skills and support they need to thrive.

**Sunday Friends:** Lys House, Program Manager, 408-793.0441 Sunday Friends meets on the 2nd and 4th Sundays of every month at Lowell Elementary School in downtown San Jose. Volunteers work with very low income children and families to develop the skills and attitudes needed to break the generational cycle of poverty. Through activities such as cooking, serving meals, gardening, writing letters to donors, or making cards for nursing home residents, families practice positive life skills that promote self-reliance and a healthy, productive lifestyle. Spanish speaking students are especially needed. Volunteers must complete an online orientation at [www.sundayfriends.org](http://www.sundayfriends.org).

**YMCA Camp Campbell:** 408-831-338-8829, [cabinleader@scvymca.org](mailto:cabinleader@scvymca.org)

[www.scvymca.org/redwoods/html/programs\\_summercamp.html](http://www.scvymca.org/redwoods/html/programs_summercamp.html) Volunteer as a Cabin Leader through Campbell's Outdoor Science School! Cabin Leaders spend one week mentoring a group of 5th or 6<sup>th</sup> grade students in a cabin setting. Duties include: having fun with a group of 8-12 kids, being a positive role model, and enjoying a week in the Redwoods!

**Youth Science Institute:** 408-867-6940 [www.vsi-ca.org/Volunteering/Volunteer.html](http://www.vsi-ca.org/Volunteering/Volunteer.html) Vasona Park 333 Blossom Hill Road, Los Gatos. The Youth Science Institute is a non-profit organization dedicated to providing and enriching the science education in schools and the community. We have volunteer positions for students interested in working with children as a teacher's aide, helping the curator with animal care, and maintaining trails. In the summer students can volunteer as a YSI Camp Aide. For more information contact **Christina England at 408-356-4945 Ext. 14** or e-mail [Christina@vsi-ca.org](mailto:Christina@vsi-ca.org).

## **SHS Service Groups & Clubs**

**Amnesty International:** Goal/Purpose: To raise the awareness of human rights violations all over the world and try to fight these injustices by signing school-wide petitions, hosting movie nights, and posting fliers on the school campus. Staff Sponsor: Mrs. Mohnike

**Environmental Management System (EMS):** Purpose: To spread awareness among students about environmental issues, to keep the campus clean, to reinforce ideas of "green" living, etc. Activities: School-wide recycling competition, book drive, documentary screening(s), Environmental Fair, Hybrid Fair, and Bike/walk to School Day. Staff Sponsor: Mrs. Hyde

**Habitat for Humanity:** Purpose: To help families and strengthen communities by volunteering to help build homes for low income families. Members attend at least one volunteer event per month on Sundays at a nearby location, , and help build houses. Staff Sponsor: Mr. Peck.

**Interact Club:** The Interact motto is "Service Above Self" and throughout the year, the club hosts community service events with local Interact clubs, as will other community service clubs, such as Key. It also raises money through fundraisers and the year's earning are totaled with the 60+ other Bay Area Interact clubs toward an international project. Staff Sponsor: Mrs. Ritchie

**Invisible Children Club:** Purpose: To help protect the children in Uganda, and get them proper education and life necessities through various fundraising activities. Staff Sponsor: Mr. Davey

**Key Club:** Purpose: Key Club seeks to assist communities on both the regional and the global scale. Our members travel to nearby hospitals, shelters and organizations. Our District (Tri-State) Projects is C.A.R.E-Combat Poverty, Acknowledge Everyday Heroes, Reduce Global Warming, and Encourage Healthy Lifestyles. We also send funds to charities or lend money to entrepreneurs across the planet. Staff Sponsor: Ms Feizzadeh

**Leos Club:** Purpose: To provide eye glasses to people who cannot afford them by distributing collection boxes and collecting donated glasses throughout the community. Staff Sponsor: Mr. Palma

**Multi-cultural Club:** Purpose: Increase awareness of the many different cultures found on campus. This year the club is raising money to pay for food, water and education supplies for a child in Africa. Staff Sponsor: Ms. Bergkamp

**National Honor Society:** Purpose: Helping the community through community service. Staff sponsor: Mrs. Anzalone

**Perfect Pals Club:** Purpose: To meet with students with disabilities, and create “perfect pals”-something they look forward to every week. This club enables friendships to be built between students both with and without disabilities. Staff Sponsor: Ms. Watson

**Skating Club:** Purpose: To Organize heart fundraising event - HeartSkate – with proceeds donated to various heart-related charities. Staff sponsor: Mr. Rodriguex

**Tri-M Music Honor Society:** Purpose: To express/explore/share music through volunteer services and performances. Staff Sponsor: Mr. Boitz

**\*\*SPECIAL NOTES\*\***

*Keep in mind that volunteer coordinators for service agencies change frequently. If you cannot get through to the person listed, call the agency’s general number to contact the current Volunteer Coordinator.*

*Contact Mrs. Sheikh in the Guidance Office or go to the College and Career Center for more information about volunteer opportunities. You can also get the required Community Service Hours Log forms from the Guidance Office to record and verify community service hours. Students who complete 100 hours of service during their four years at Saratoga High School can get their service noted on their transcripts.*

**Other Useful Websites:**

**The Bay Area Volunteer Information Center** [www.volunteerinfo.org](http://www.volunteerinfo.org)

**Projects Abroad:** [www.projects-abroad.org/projects](http://www.projects-abroad.org/projects) This website provides information for high school students interested in volunteering abroad.